IMPORTANT REMINDER TO ALL SURGERY PATIENTS!

DO NOT USE THE FOLLOWING PRODUCTS <u>2 WEEKS BEFORE SURGERY</u> AND ONE WEEK AFTER SURGERY:

- ASPIRIN
- ADVIL
- ALEVE
- EXCEDRIN
- MOTRIN
- ALKA-SELTZER PLUS
- BLOOD THINNERS (COUMADIN, HEPARIN)
- FISH OIL
- FLAX SEED OR FLAX SEED OIL
- VITAMIN E
- ALL TEAS AND HERBAL SUPPLEMENTS

THE ONLY OVER THE COUNTER MEDICATION ALLOWED IS <u>TYLENOL</u> AND <u>MULTI-VITAMIN</u> TABLETS.

Please call the office with any questions: 301-493-4334